



## AMT<sup>®</sup> 865 Adaptive Motion Trainer<sup>®</sup> with Open Stride<sup>™</sup>

The Experience<sup>™</sup> Series AMT<sup>®</sup> 865 combines essential reliability and ease-of-use with smooth, flowing, and precise motion to add value to your facility. The AMT with Open Stride<sup>™</sup> is the only variable stride cardio equipment with adjustable step height, allowing exercisers to train in a variety of stride paths, including running, jogging, and stepping. With one piece of equipment that creates an array of movement patterns, you can maximize valuable floor space and help exercisers stay engaged in their workouts.

The P62 touch screen console injects contemporary design and a premium networked fitness experience to the cardio floor, at a mid-tier price. Furthering the value of this state-of-the-art console, networked units receive automatic software updates, refreshed content, and new features without any action or expense.

At Precor, we recognize that a great workout is the sum of many parts. In your hands, the products, services, and technologies we offer can be combined in countless ways to complement the programs and atmosphere you're creating.

Learn More: [go.precor.com/amt865](http://go.precor.com/amt865)

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Fitness Made Personal

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## Product Features

### 1. P62 Console

The P62 console features personalized viewing and the remarkable clarity of TV and internet options that exercisers crave, all in a 10 in / 25.4 cm screen. With the ability to “favorite” selections for the future, exercisers can customize their workout experience based on what’s important to them.

### 2. Open Stride<sup>™</sup>

Open Stride<sup>™</sup> is a unique feature that allows exercisers not only to dynamically adapt their stride length from zero to 36 inches (0 to 91 cm), but also to adjust their stride height from 6.8 to 10 in (17 to 25 cm), providing an infinite range of stride paths to engage several muscle groups. Open Stride<sup>™</sup> can be adjusted from level 1 to 5 with the tactile motion controls.

### 3. Handlebars Fit Everyone

The tapered moving handlebars provide a comfortable fit for nearly every exerciser. The stationary grip has a heart rate sensor\* built-in that provides monitoring and a stable, comfortable position when focusing on the lower body.

### 4. Total Body Workout in One Piece of Equipment

Exercisers can go from short stride to long stride, walking to running, and climbing to striding, allowing them to target different muscle groups. Pushing and pulling the moving handlebars will engage the upper body, resulting in a total body workout.



## SPECIFICATIONS

**Dimensions (L x W x H):** 80 x 35 x 73 in / 203 x 89 x 186 cm

**Equipment Weight:** 422 lb / 191 kg

**Power:** 120 volt, 15 amp circuit

**Total Workouts:** 12

**Resistance Levels:** 20

**Adjustable Stride Length:** 0 - 36 in / 0 - 91 cm

**Adjustable Stride Height:** 6.8 - 10 in / 17 - 25 cm (Five levels)

**Language:** English, Chinese, Danish, Dutch, French, Finnish, German, Italian, Japanese, Korean, Norwegian, Polish, Portuguese, Russian, Spanish, Swedish, Turkish

**Network Capabilities:** Preva<sup>™</sup> network capable

**Entertainment:** 10 in / 25.4 cm LCD Capacitive Touch Screen  
Mobile Device Charger and Audio Jack

**Accessories:** Integrated Reading Rack  
Optional - Cable Management

**Warranty:** Visit [www.precor.com](http://www.precor.com) for warranty terms.

\* The heart rate feature is intended for reference only. They may not be accurate for every user or at every intensity and are not intended for use as a medical device.

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